

## CACI - Asthma Worksheet (Updated 04/29/2015)

The Examiner must review a current status report by the treating physician and any supporting documents to determine the applicant's eligibility for certification. If the applicant **meets ALL the acceptable certification criteria** listed below, the Examiner can issue. Applicants for first- or second- class must provide this information annually; applicants for third-class must provide the information with each required exam.

AME MUST REVIEW	ACCEPTABLE CERTIFICATION CRITERIA
Treating physician finds the condition stable on current regimen and no changes recommended	<input type="checkbox"/> Yes
Symptoms: Stable and well-controlled (either on or off medication)	<input type="checkbox"/> Yes for all of the following: <ul style="list-style-type: none"> <li>- Frequency of symptoms - no more than 2 days per week</li> <li>- Use of inhaled short-acting beta agonist (rescue inhaler) - no more than 2 times per week</li> <li>- Use of oral corticosteroids for exacerbations - no more than 2 times per year</li> <li>- In the last year:               <ul style="list-style-type: none"> <li>o No in-patient hospitalizations</li> <li>o No more than 2 outpatient clinic/urgent care visits for exacerbations (with symptoms fully resolved).</li> </ul> </li> </ul>
Acceptable Medications	<input type="checkbox"/> One or more of the following <ul style="list-style-type: none"> <li>- Inhaled long- acting beta agonist</li> <li>- Inhaled short-acting beta agonist (e.g., albuterol)</li> <li>- Inhaled corticosteroid</li> <li>- leukotriene receptor antagonist, (e.g. montelukast [Singulair])</li> </ul> <p>Note: A short course of oral or IM steroids during an exacerbation is acceptable. <b>Examiner must caution airman not to fly until course of oral steroids is completed and airman is symptom free.</b></p>
Pulmonary Function Tests (PFT)*  *PFT is not required if the only treatment is PRN use on one or two days a week of a short-acting beta agonist (e.g. albuterol).	<input type="checkbox"/> Current within last 90 days  <input type="checkbox"/> FEV1, FVC, and FEV1/FVC are all equal to or greater than 80% predicted before bronchodilators

**AME MUST NOTE in Block 60 one of the following:**

- CACI qualified asthma.
- Not CACI qualified asthma. Issued per valid SI/ASSI. (Submit supporting documents.)
- NOT CACI qualified asthma. I have deferred. (Submit supporting documents.)